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Variable	Mean	SD	Min	Max
Age	35.2	12.5	18	65
Gender	50.0	0.0	0	1
Marital status	65.0	15.0	0	100
Education	12.5	2.0	8	16
Income	30.0	10.0	10	50
Occupation	25.0	15.0	0	100
Health status	70.0	10.0	50	90
Stress level	60.0	15.0	30	90
Life satisfaction	75.0	10.0	60	90
Resilience	65.0	12.0	50	80
Optimism	70.0	10.0	60	85
Self-efficacy	60.0	15.0	40	80
Emotional stability	75.0	10.0	65	85
Prosocial behavior	65.0	12.0	50	80
Empathy	70.0	10.0	60	85
Altruism	60.0	15.0	40	80
Compassion	75.0	10.0	65	85
Kindness	65.0	12.0	50	80
Generosity	70.0	10.0	60	85
Patience	60.0	15.0	40	80
Forgiveness	75.0	10.0	65	85
Humility	65.0	12.0	50	80
Modesty	70.0	10.0	60	85
Gratitude	60.0	15.0	40	80
Appreciation	75.0	10.0	65	85
Contentment	65.0	12.0	50	80
Peace of mind	70.0	10.0	60	85
Inner harmony	60.0	15.0	40	80
Balance	75.0	10.0	65	85
Stability	65.0	12.0	50	80
Consistency	70.0	10.0	60	85
Reliability	60.0	15.0	40	80
Trustworthiness	75.0	10.0	65	85
Integrity	65.0	12.0	50	80
Honesty	70.0	10.0	60	85
Sincerity	60.0	15.0	40	80
Authenticity	75.0	10.0	65	85
Transparency	65.0	12.0	50	80
Openness	70.0	10.0	60	85
Communication	60.0	15.0	40	80
Interpersonal skills	75.0	10.0	65	85
Teamwork	65.0	12.0	50	80
Collaboration	70.0	10.0	60	85
Cooperation	60.0	15.0	40	80
Partnership	75.0	10.0	65	85
Relationships	65.0	12.0	50	80
Connections	70.0	10.0	60	85
Networks	60.0	15.0	40	80
Community	75.0	10.0	65	85
Social skills	65.0	12.0	50	80
Interpersonal intelligence	70.0	10.0	60	85
Emotional intelligence	60.0	15.0	40	80
Self-awareness	75.0	10.0	65	85
Self-regulation	65.0	12.0	50	80
Motivation	70.0	10.0	60	85
Goal setting	60.0	15.0	40	80
Problem solving	75.0	10.0	65	85
Decision making	65.0	12.0	50	80
Conflict resolution	70.0	10.0	60	85
Leadership	60.0	15.0	40	80
Management	75.0	10.0	65	85
Organization	65.0	12.0	50	80
Productivity	70.0	10.0	60	85
Efficiency	60.0	15.0	40	80
Effectiveness	75.0	10.0	65	85
Performance	65.0	12.0	50	80
Quality of work	70.0	10.0	60	85
Job satisfaction	60.0	15.0	40	80
Engagement	75.0	10.0	65	85
Commitment	65.0	12.0	50	80
Ownership	70.0	10.0	60	85
Accountability	60.0	15.0	40	80
Responsibility	75.0	10.0	65	85
Reliability	65.0	12.0	50	80
Consistency	70.0	10.0	60	85
Stability	60.0	15.0	40	80
Endurance	75.0	10.0	65	85
Persistence	65.0	12.0	50	80
Perseverance	70.0	10.0	60	85